In 1997, the Center for Nursing Research, Clinical Practice and International Affairs at the Lienhard School of Nursing (LSN) established Primary Health Care Associates (PHCA). Its mission — to provide comprehensive primary health care to both the Pace University community and nearby participating agencies. The two main divisions of PHCA are University Health Care (formerly known as the Pace University Health Care Unit) and Community Health Care. Both divisions of PHCA offer comprehensive health care services.

The drive toward a healthy Pace precedes 1997 by more than 20 years. In fact, since 1976 there has been a presence at Pace University of a nurse-managed primary care center.

Promoting Good Health Campus-Wide
With three locations – Manhattan, Pleasantville and White Plains, University Health Care (UHC) offers students, faculty, staff, alumni and their families convenient, cost-effective health care. Yet according to UHC Director Karen Lolli, not everyone understands the scope of services available to the university community.

"Some students think we're like the nurse's office at their high school, a place where you can get a band-aid or lie down for a while. They don't realize we are a fully functioning medical office staffed by nurse practitioners (NPs) who are licensed to diagnose, treat and prescribe for common illnesses.

"In addition, we provide health prevention and maintenance services such as annual history and physicals, immunizations, blood and urine testing, STD testing, and travel prophylaxis. Our comprehensive women's health services include annual gynecological exams and Pap tests, birth control, pregnancy testing and emergency contraception. Plus, we offer health promotion services such as nutrition and fitness counseling, and smoking cessation programs. If we think you need to see a specialist, we can refer you. Basically we are committed to promoting optimum health for the Pace University community."

Community Outreach
The Community Health Care (CHC) division is a testament to the Lienhard School of Nursing's long-standing dedication to community service. Under the direction of Cathy Hopkins, CHC offers primary care services to the elderly, homeless, children and adults in underserved communities in Manhattan, Westchester, the Bronx and New Jersey.

The diversity of the services offered and supported by CHC is exemplified by the Henry Street Settlement (HSS) site on Manhattan's lower east side. From after-school programs to home-care for the elderly, and from mental health and domestic violence services to support for HIV+ persons, CHC is responding to the most pressing community needs. In Yonkers, PHCA NPs practice at nurse-managed, school-based health clinics, community clinics and pre-kindergarten daycare centers.

Learning, Teaching, Practicing, Serving ...
In order to serve both communities, PHCA has dedicated, caring people. Experienced RNs, student RNs, and LSN faculty work together and learn from each other as they hone clinical skills. Graduate NP students work alongside experienced, nationally board-certified NPs. Lienhard faculty embrace the opportunity to observe and instruct their students in the field and keep clinical skills current, making classroom instruction that much more effective and relevant. The lesson for all involved is that one should never stop learning, teaching, practicing, or serving.
New In 2002…..

Quit smoking — and stay quit. Through a grant from the Westchester County Department of Health, University Health Care is offering free smoking cessation programs this fall for students, faculty and staff — plus support groups to help you stay quit. A successful pilot program was held this spring for faculty and staff on the Pleasantville campus. Interested? Contact Molly Huppuch or Eileen Carlsen at x3760.

Tetanus vaccines in. After a nationwide shortage, the supplies have come in. So if you don’t know when your last booster was, and need it for clinical clearance, travel prophylaxis or a cut foot, University Health Care can help.

New choices for women. The contraceptive options available to women through University Health Care have expanded in the last few months. In addition to oral contraceptive pills, we offer Lunelle, a monthly injection; Depo-Provera, injected every three months; and Ortho Evra, a patch worn on the skin and changed once a week.

The Big Move. In August, the Health Care Unit in Pleasantville will move from Lienhard Hall to the brand new Goldstein Health, Recreation and Fitness Center. The staff are all enthusiastic about the new locale and hope that this location will enable the Health Care Unit to have an even stronger presence on the Pleasantville campus.

The People of Primary Health Care Associates

Administration
Jamie A. Newland, Director and NP
Karen Lolli, University Health Care, Co-director PHCA and NP
Cathy Hopkins, Community Health Care, Co-director PHCA and NP
Linda Ward, Senior Staff Associate

University Health Care

New York City Staff
Mikelle Skoy, Acting Associate Director and NP
Eva Flanagan, NP
Kathleen Ali, Secretary

New York City Student Assistants
Stephanie Castro
Gabriela Gortaire
Ashley Puryear

Westchester Staff
Eileen Healy Carlsen, NP
Molly Huppuch, NP
Connie Serafin, NP
Carol Thomas, Secretary
Tarsha Thomas, Secretary

Westchester Student Assistants
Jose Gancayco
Angela Pasquali
Diana Pogost
Stephanie Snyder

Community Health Care

Mikelle Skoy, Associate Director and NP
Eva Flanagan, NP
Lisa Forshner, NP
Louise Gallagher, NP
Lisa Garza, NP
Joanne Singleton, NP
Barbara Thomas, NP
Yvonne Brown, RN

PHCA Specialists
Martha Greenberg, Complementary Care Therapist
Edilma Yearwood, Psychiatric CNS
Marie Truglio-Londrigan, Geriatric NP
Donna Hallas, Pediatric NP

To Reach Us
PHCA Administration and Community Health Care: (914) 773-3724
University Health Care
Pleasantville: (914) 773-3760
White Plains: (914) 422-4108
NYC: (212) 346-1600
E-mail: phca@pace.edu